

SOUTHWESTER

A Monthly Non-Profit Publication of the Southwest Community Council, Inc.

SERVING NEAR SOUTHWEST/SOUTHEAST

Partially funded by a grant from East Coast Development Corporation

September 1994



CRIME IS DOWN IN SOUTHWEST IN 1994

Favorable crime statistics were released by the Metropolitan Police Department at the September meeting of the Citizens Advisory Council. Sector Two, the part of the First Police District which includes near Southwest, showed a drop of 2.3% for 1994 to date compared with the same period for 1993.

Biggest drop - 15% - was recorded for thefts, with thefts from automobiles going down 11%. Trouble spots continue to be stolen autos - averaging just over one a day - and burglaries - also about one a day.

There have been less than one homicide a month in Southwest in both 1993 and 1994.

CHARITY CAMPAIGNS GETTING UNDERWAY

United Way, United Black Fund and Combined Federal Campaign and other groups are all starting their 1994 drives.

Chair of the CFC drive is Secretary of Energy Hazel R. O'Leary, whose office is at 1000 Independence Ave. Southwest.

The hundreds of agencies have their own code number used on pledge forms. United Black Fund also uses a general number 3197. The general number for United Way (DC Area) is 8000.

Typical of Southwest agencies listed in the drives are:

Metropolitan Police Boys and Girls Club, which has a club at Bowen School, and a citywide number of 3154

Food and Friends 8429

Southwest Community House 3191

Arena Stage: The Living Stage Theatre Center office 8601

Boy Scouts - for the DC area - 3046

WWA - New Members

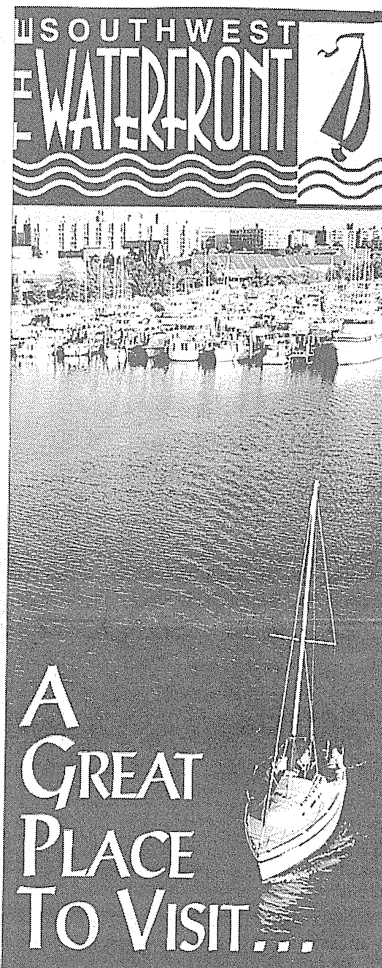
The Washington Waterfront Association, WWA is a group of SW businesses which organized to promote the Waterfront. On Monday September 12, a Prospective Members Reception was held at the Loew's L'Enfant Plaza Hotel. One of the purposes of this organization is to let people know that "yes, there is an exciting Waterfront in SW - DC, come and enjoy."

A former official with the Office of Economic Development called Southwest "an untapped resource." This was a theme echoed by many in attendance at the reception.

Diana Mahew, a WWA spokesperson, when asked about the number of the membership, said that last year there were about 7 business members, 20 individual members and 10 community members (police and fire fighters). This year 14 business have joined (and 6 more will join this month).

The president, Tom D'Amato (Spirit Cruises) spoke about WWA's expansion. This year American Security, Colonial Parking, Atlantic Food, Loew's L'Enfant Plaza Hotel, Finished Business (a private charter boat), the law firm of Davis, Wright, & Tremaine, and Ft. McNair have become members. As Mr. D'Amato stated, WWA wants DC to know more about Southwest and to take advantage of it.

The hor d'oeuvres were delicious and the weather was simply lovely. Door prizes were awarded to Connie Shaffery (of Ft. McNair), George Koch (A. Salon and the Cherry Blossom Festival), Todd Sneider (Waterside Fitness & Swim Club) and George Brown (of the law firm).



AND TO LIVE

When driving away from the hotel, we saw the beautiful driveway with the fountain, Bannaker Circle, the skyline of SW and the Fish Market. Sights which all tourists should be encouraged to see. The WWA has a new brochure which hails the Southwest Waterfront as a "Great Place to Visit and it's in the Heart of Washington, D.C." The brochure lists the restaurants which are along the waterfront, the Arena Stage and hotels as well as information for boaters. For further information, contact the Southwest Waterfront Information Line at 202/363-0565.

Capitol Hill Yacht Club story on page 8





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488-3355

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Drop off stories by the second
Monday of the month in the box
behind the counter at the
S.W. Library - 3rd & I (Eye) SW
- or mail to The Southwester,
P O 17031, D C 20024



95 lb. Team at the Police Girls and Boys Club

TOWN HOUSES, SPACE EDUCATION CENTER MAY GO AT H ST. & 7 SW

Planning for the new building of the Challenger Center for Space Science Education in "Parcel 76" - the 3 acre parking lot north of H St. S.W. at 7th St. - is moving forward. The center's national headquarters are presently in Alexandria, Va. One of it's many space simulators is at Jefferson Jr. High in Southwest. It is used by students in the Washington area.

Both the Council of the District of Columbia and the National Capital Planning Commission (NCPC) must give their approval. As part of the Southwest Urban Renewal development plan, Parcel 76 had originally been designated for "Semi-Public" uses for the development of a church.

A report from the NCPC states:

"The Challenger Center will be a flagship facility that includes two primary functions--education and support. With a primary mission of improving science education and achievement, the Flagship facility will serve as the national headquarters for the Challenger Center's network of mathematics and science learning centers. The Center would be located on the western third of Parcel 76. It would be a two-story structure that would rise to a height of approximately 55 feet.

"The Challenger Mews townhouse development would occupy the eastern two-thirds of Parcel 76. This development would provide for 40 townhouse units. Some of these units would front on 7th Street and the others would front on an internal loop drive."

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MUSIC

Autumn Chamber Series

The Marine Band will present free concerts starting Sunday October 9 at 2:00 pm. The series will be held in the John Philip Sousa Hall at Marine Barracks, 8th & I St.s, SE. The concerts are free & no tickets are required.

Sunday, October 9

Works by Bach, Mendelssohn, Dvorak, Poulenc, Jolivet, & Schwanter

Sunday, October 16

Works by Brahms, Reincke, Molenhof, Beal, & Riepe

Sunday, October 23

Works by Bach, Handel, Haydn, LeClair, Dahl, & Jan Bach

Sunday, October 30

Works by Melani, Handel, Brahms, Villa-Lobos, Rouse, and Gauger

Receipt Tapes collected at Library

Both Giant and Safeway will be participating in separate computer programs for local schools. They will be able to turn in receipts for computers and other needed supplies. Safeway's program began earlier in the month. Giant will begin issuing blue receipt tapes on Sept. 18. Both kinds of tapes will be collected at the branch library - look for the little wooden box on the Circulation Desk.

Someone willing to pick-up & count the tapes is needed. To volunteer, call Carole Early at 488-3355.

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Plucked String Concert

Concerts will be held at Market Five Gallery, 7th & North Carolina Ave., SE. Each concert will begin at 8 pm.

The schedule includes:

Tuesday, Oct. 4 - Temur & Family, music from Republic of Georgia

Thursday, Oct. 13 - Washington Balalaika Ensemble, Russian program

Thurs. Oct. 20 - Duo Capriccioso, classical mandolin from Germany

Fri. Oct. 28 - Neil Gladd, classical mandolin with piano

Thurs. Nov. 3 - Peter Trofimenko, classical Balalaika & Eugenia Tochenaya, guitar

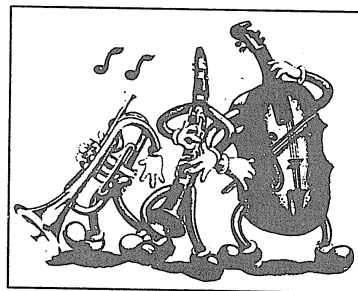
CAPITOL WOODWIND QUINTET IN SW

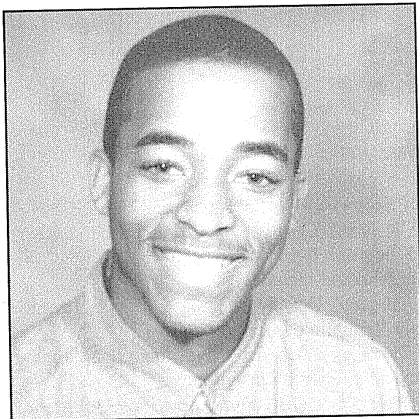
Music lovers and musicians gathered for a reception after the Sunday afternoon performance of the Capitol Woodwind Quintet. Their season of four performances in held at St. Augustine's Church/Temple Micah at 6th and Maine Ave. S.W.

These regular members of the National Symphony Orchestra or Kennedy Center Opera House Orchestra have brought beautiful music to Southwest for several seasons.

They are: Alice Kogan Weinreb, flute; Kathleen Goldin, oboe; Lora Ferguson, clarinet; Truman Harris, bassoon; and Laurel Ohlson, horn. JoAnn Azzarellor is concert manager.

Their next performance is Sunday, November 20 at 5 pm.





Gregory E. Triplett, Jr.: Developing a Future in Electrical Engineering

by Thelma D. Jones

We thought the community would like to hear about a scholarship recipient. We would like to share this with you. Gregory E. Triplett, Jr., the recent recipient of the John A. Wilson Community Service Award, was dubbed "Mr. Futuristic" by the Scholarship Committee members for his forward looking attitude on his future. Intrigued by this young man's plans for the future, I feel that his background is worth sharing. Triplett was born and raised at Channel Square Apartments, a high-rise complex located at 3rd & P Streets, S.W. (overlooking

Ft. McNair). I observed him developing from the tender age of three into an outstanding young man during my former 17-year residency at Channel Square.

His pursuit of education and excellence can be attributed initially to his parents. His father, a retired postal employee, deceased since 1992, and mother, an accountant for the Bureau of Public Debt (U.S. Treasury Department), always stressed education. Gregory and his older sister's playing time was quite limited compared to many of Channel Square's youth. "My parents insisted that we did our homework before going out to play or watching TV, and looking back, I'm glad they did," said Triplett during a recent telephone interview when reminiscing about his childhood. This indeed paid off; both he and his sister were honor students at Dunbar High School, where he graduated in the upper 10% of his class. It wasn't just all work and no play, as Triplett was a member of Dunbar's football team. He was also an active member of St. Vincent de Paul Catholic Church's Young Adult Association. The latter he recalled was both time consuming and challenging, yet rewarding and enjoyable because they often went on trips and retreats and held fundraising activities.

Triplett knew that a degree (maybe two) was needed for him to be successful in his chosen field. While listening one day to a motivational speech at Dunbar given by the president of Florida Agricultural and Mechanical University (FAMU), Triplett was singled out for his curi-

osity by the president. He subsequently offered Triplett a scholarship to attend FAMU's engineering program. Having heard about FAMU's engineering program reputation, and their award-winning high-stepping nationally acclaimed marching band, among others, Triplett felt both anxious and prepared for his educational pursuit in electrical engineering. He also felt confident that his three years of course work in Dunbar's pre-engineering program had adequately prepared him for the college challenge. An added vote of confidence was reconfirmed by Triplett's good test results in science and math, "a must" he stated emphatically, "if you're going to major in any field of engineering."

As a senior at FAMU, he maintains a 3.2 cumulative average while simultaneously participating actively in student affairs. Currently, he is a two-term member of the student government and is anxiously awaiting Senate confirmation for the coveted cabinet post of attorney general. Not bad for a forward looking person from a very average background. As with most aspiring individuals, Triplett has goals. "I would like to be a role model in the (engineering) program and eventually help to create programs that will encourage more minorities to enter and advance in the field of engineering." Although his goals are profoundly planted in his future aspirations, he hasn't overlooked his past and the forces that have both shaped and inspired him. As a third-year scholarship recipient, Triplett is grateful and possesses an indelible impression of the S.W. Scholarship Com-

continued on page 9

Announcing. . .

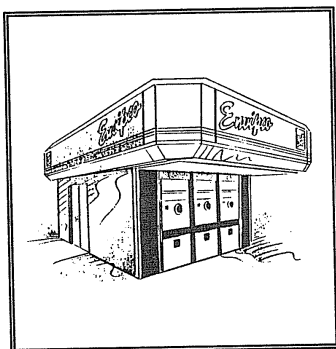
The EPA/Southwest Community Recycling Center

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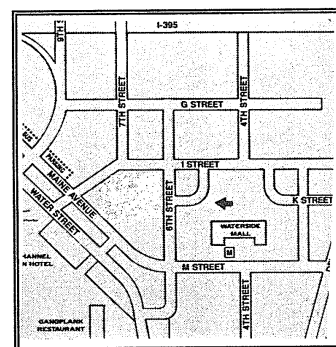
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Southwest Residents Discuss Safety

by Regina Rorie

Residents from several area communities met at Waterside Towers on September 15 to discuss anti-crime tactics with Councilman Jack Evans and a small contingent of police officers.

Dolcye Johnson, president of the tenants association at Waterside Towers organized the meeting after being notified of increasing incidences of muggings in the area.

Residents from Carrollsburg Square, Harbour Square, Riverside, Channel Square, River Park, St. James Mutual Homes and other communities were in attendance at the meeting.

"It doesn't make sense" said one irate woman during the course of the sometimes quite heated discussion. "I felt safer in a third world country than I do here now." She said that recently, her bike was stolen at gunpoint. She was at a nearby park.

Inspector Gale of the 1st District Police Headquarters said that overall, Southwest has the lowest incidences of crime in the city. He added, "So far this year, there has been a total of 56 muggings reported in Southwest." According to Gale, the primary crimes in the community are auto thefts and the removal of radios from cars which are broken into. One resident could certainly attest to that. "Of the four cars we've purchased since living here, everyone of them has been broken into."

Another attendee demanded increased visibility of the police in the area. Both Evans and Gale cited the recent hiring problems faced by the District Police Force. They acknowledged the fact that there is a manpower shortage. However, Evans promised to increase the police presence in the community within 30 to 60 days. He realized that this was only a temporary solution.

Several strategies were discussed to put a permanent end to crime. One was the possible formation of an Orange Hat Patrol; a mini-station at Waterside Mall and the hiring of private security guards for communities presently without them. Orange Hat Patrols have proven to be quite an effective deterrent to crime according to the police.

However, such an effort requires the commitment and availability of volunteers. A mini-substation at Waterside Mall would necessitate the use of volunteers. Gale said that officers could leave supplies there and pick-up assignments at the substation but that it would have to be manned/womaned by volunteers. "Every community in the city would like a substation." One gentleman said that "a substation would mean a decentralization of authority. The District doesn't need that."

Perhaps the necessity of volunteers for these two plans contributed to the popularity of the final one. Hiring private security guards seemed to gain the most favorable response. One resident estimated the cost to be as little as \$10.00 per month per resident. The cost would vary depending on the size of the community. As one woman said "We all have to remember,

Myrl Lovell-Bethune



Myrl Bethune passed away on Sunday, September 11, 1994 at home after a long and challenging fight with cancer.

Myrl married Bill Bethune in 1980 and their son Billy (who has been featured in the *Southwestern*) was born in 1981.

She attended St. Augustine's Episcopal Church. Myrl was very active both in Washington and the Southwest Community. She served as director of the church's summer camp. She was a former president of the River Park Nursery School. And after her diagnosis of cancer, she fought valiantly for increased government funded research. As a spokesperson

for the *National Breast Cancer Coalition*, she lobbied on Capitol Hill on behalf of the *Coalition*. Myrl appeared on the Oprah Winfrey Show which was aired in August of this year. The show gave much hope to others afflicted with this disease. Recently she served on the board of *Totally Tennis*.

Myrl greatly loved her family and neighbors. She was an inspiration to all who knew her. Her funeral service (which was called "A Celebration of a New Life") was held at St. Augustine's on Tuesday September 13th.

The family requests that donations be made in Myrl's name to the *Breast Cancer Coalition*, P.O. Box 66373, Washington, DC 20035.



piano lessons

All ages welcome!
Lesson site near L'Enfant Plaza

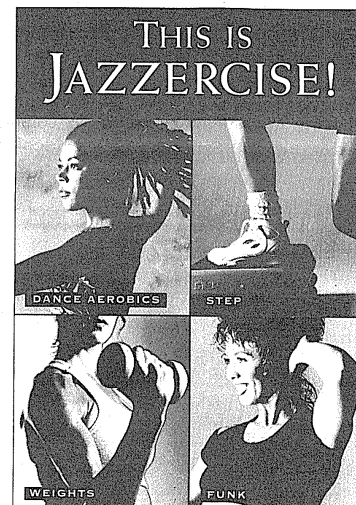
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Southwest Community Calendendar

Sept. 29 Thur.	NARFE Chapt. 2052, branch library, 3rd & Wesley Pl., 1:30 pm
Oct. 4 Tues.	1st District Police Advisory Board, Police Headquarters, 6th & D, 7:30 pm
Oct. 10 Mon.	St. Augustine's Yard Sale, 6th & M, 9 am - 5 pm
Oct. 17 Mon	ANC-2D Meeting, basement of Westminster, Eye St., 7:30 p.m.
Oct. 19 Wed.	AARP - Chapt 4451, St. Matthew's, 3rd & M, 12:30 pm
Oct. 27 Thur,	NARFE, Chapt. 2052, library, 1:30

it's not Mayberry anymore."

Anyone wishing to volunteer for the Orange Hats should drop a note addressed to "Orange Hats" in the Southwestern box at the Library (circulation desk). The note should include name, phone number and hours of availability.



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(15th St. Presby. Church)
Mon/Tues/Wed - 6:30 pm
Sat - 8:30am & 9:15am

Information No. 202-363-4447



NATIVE AMERICAN INDIAN SERVICE -
A recent Sunday service at Westminster Presbyterian church recognized the traditions and religious contributions of Native American Indians.

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12:15 and 5:15 pm
HOLYDAYS: Evening before: 5:30 pm; day of:
7:30 am, 8:00, 11:30, 12:00, 12:30 and 5:30 pm
WEEKDAYS: 7:30 pm, 8:00, 8:20 and 12:10 p.m.
SATURDAY: 8:20 am and 12:10 pm

Tutors Needed

The Saturday Learning Extension Program (S.L.E.P.) seeks tutors for tutoring elementary school children in the District of Columbia.

In a 1992 study of elementary schools in 42 states and DC, children in the District of Columbia finished last in literacy. That same year, a group of volunteers tutored 121 DC elementary school children that were having trouble in school. Less than half were reading up to grade level. But by year's end, nearly 80% were reading above grade level.

The program that enabled this to happen is the Saturday Learning Extension Program (S.L.E.P.). They could do more, but they need you. To volunteer, please call 202/628-8867. S.L.E.P. will train you to be a successful tutor (it's not difficult). Won't you join one of the best literacy programs in the country for elementary school children! Training begins in late September.

We need you. Please consider joining us.
St. Dominic's Church

Scholarship Committee

The 1995 Scholarship Year will begin on Monday, October 10th. The first event will be at the St. Augustine's Yard Sale. The SWNA Scholarship Committee will participate in St. A's Yard Sale. All proceeds from sales at this booth will go for those who receive awards in the new year. We want to thank St. A's for offering a table to the Scholarship Committee and allowing the committee to participate in this event.

If you would like to donate items (must be in good shape, no large furniture) for the Scholarship Table, call Carole Early at 488-3355.

We hope that many of you will come to St. Augustine's Yard Sale at 600 M St. and will stop and shop at the Scholarship Committee's table.

The sale will be on Monday, October 10 from 9am - 5pm.

SWNA Plans for the Fall

The Southwest Neighborhood Assembly Board will meet on Sept. 26th at 6:30 in the Library to make plans for the new season.

The first event scheduled is a "Meet the Candidates" night on Nov. 2nd at 7 PM at St Matthews church. Candidates for ANC2D, School Board, City Council Chair and City Council-at-large, U.S. Representatives, U.S. Senator, Delegate to the House of Representatives and Mayor will all be invited. Since this election involves candidates for Ward 2 offices, it is expected that most candidates will be able to come. There will be an opportunity for audience questions. Fliers will be circulated announcing the meeting.

The Assembly regrets that candidate forums announced for the primary election did not take place due to the heavy schedules of the candidates which made it impossible for them to come on the dates scheduled.

Blessing of the Pets

St. Augustine's Episcopal Church cordially invites you to the Blessing of the Pets on Sunday, October 2, at 10:15 a.m. at 600 M Street, S.W. Please secure your pets. They bless God's creatures in October in remembrance of St. Francis of Assisi and his great love for all of God's creation.

Keep your neighborhood

neat and clean - pick-up

cans & trash

put recyclables in Envipco

Machine (north-west side of

EPA) & get a coupon for a

free coke (good when you

insert 5 cans) and use trash

can for the litter.

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M-F 7:30 AM to 7:00 PM - SAT 8-5

SPORTS

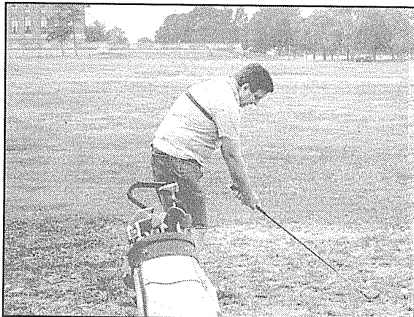


LITTLE LEAGUE BASEBALL TEAM from Arthur Capper Recreation Center. They won their league championship with a 14-1 record and advanced to the city championship, losing to the Capitol City team.
In front, left to right: Markiva Bailey, Antoine Knight, Brandon Petty.
Standing, left to right: Andre Wallace, Richard Burns, Robert Robinson, David Simmons, Billey Johnson, Keith Wilson, Coach Oscar L. Taylor.



GOLF, FISHING, SUNNING AT FT. MCNAIR

A Saturday morning in the fall at Ft. McNair finds golfers on the golf course, fishermen in their boats and ducks warming themselves on the sea wall.



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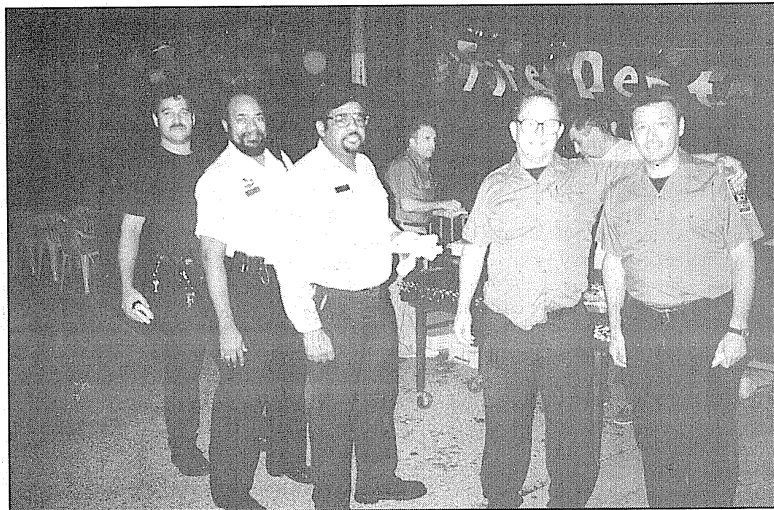
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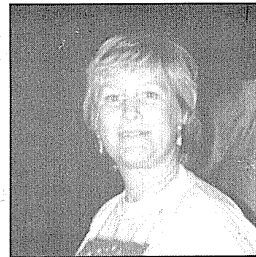
Guests



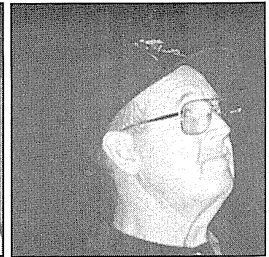
members of the Fire Dept.



members and guests in the lounge



Sandra Hense - Commodore



Witcher Beverley
Vice Commodore

Appreciation Picnic

The Capital Yacht Club, 1000 Water Street, SW had their annual activity to say "thank you" to the members and their families of the Metropolitan Police Department, Fire Department and Coast Guard who serve the Waterfront.

Approximately 525 people were at the Phyllis Golembe Memorial for the Appreciation Day Picnic.

The following establishments contributed: the Capital Yacht Club not only hosted the party, they provided the hamburgers, hot dogs, and all of the trimmings, potato salad, ice, and soft drinks; Phillips provided steamed shrimp and chicken; Gangplank made a huge deli tray; Premium Distributors donated three kegs of beer and cups; Custis & Brown (fish market) furnished the ice to keep the beer cool; LeRivage gave trays of cheese and fruit and Ribsters provided ribs and chicken wings.

To top off the day, the Yacht Club brought in a DJ from 4 pm until 10 pm for music and dancing. Guests expressed their appreciation. Many said "It was the best ever!"

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Rotisserie Chicken available 11:30 AM-3PM.

and evenings from 5 PM-8PM

NOT VALID WITH ANY OTHER DISC. OR COUPON

An Imperfect "Perfect Ganesh"

Wallace Babington

continued from page 4

mittee members and the dedication and commitment they have in helping community youth. Moreover, he hopes that the community will continue to support the program generously. He definitely epitomizes how community support can help to make a difference in a youth's future. If you disagree, just ask any of the students or their parents who've benefitted from the program; and they will tell you that it's making a difference, and it is well worth your support and efforts.

Each year the Southwest Scholarship Committee awards scholarships to deserving Southwest youth such as Triplett who are seeking to pursue education beyond high school. This year, the Scholarship Committee awarded over \$14,000 to 21 students. Informing the community about the progress of some of its awardees is one of the ways in which the committee gratefully acknowledges community support and shares with you the caliber of students which we're supporting. It's never too late to volunteer or support the Scholarship Program. Send your check today payable to the Southwest Community Council, Inc., P.O. Box 70481, Washington, D.C. 20024-0481 or mail a note indicating your interest in helping.

Arena Stage kicks off its 44th season with a production of an Off-Broadway hit of last year: "A Perfect Ganesh" by one of America's most successful and well respected playwrights, Terrence McNally. The play is entertaining and up to the usual Arena Stage acting and production standards. The Ganesh of the title refers to a Hindu god with the head of an elephant imposed on a human body.

It is a common cliché that travelling together is a test of true friendship. If you can brush your teeth in the same bathroom with a friend for two weeks, you have passed the test. "A Perfect Ganesh" throws two middle age, middle class women together for a two week tour of India and a search for a perfect replica of the Ganesh. The two women, played by long time Arena favorites Tana Hicken and Halo Wines, are good friends at the beginning of their journey, but discover much about each other and themselves in the course of travelling through exotic, mysterious India. They encounter those crises that are life defining and that ultimately result in decisions being made that alter their lives forever.

The two women are led on their tour by Ganesh, played by another Arena stalwart, Jeffery Thompson. He's on stage almost the entire evening with one of the most elaborate costumes in recent memory: one that includes the head of an elephant. During their trip through India the women encounter a wide variety of characters. All of these characters have an effect on the way the women relate to each other; they also

contribute to our understanding of their characters and personalities. All of the persons encountered are portrayed by an Arena new-comer, Andrew Weems.

The women have both experienced tragedy in their lives. In the course of the trip these tragedies provide numerous occasions for dramatic conflict and confrontations. These in turn offer an opportunity for the presentation and exploration of a number of topics that effect our lives, including homophobia, racism, AIDS, classism and infidelity. At the play's end the women are different people; more understanding, accepting and honest.

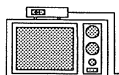
The play is presented in a non-realistic manner. For example, the Ganesh takes the part of different characters, including a Japanese woman and a waiter - all performed with the elephant's head in place. However, the story is realistic and requires the audience not only to accept the characters as real, but to care about them and share a concern with the problems and issues revealed as their story develops.

As always, Arena's production is elaborate and inventive. Almost too much so. The gimmicks and unusual props frequently interfere with the presentation of the play itself. It is a relatively simple story about character development and growth of friendship and relationships. It is a small play that could better be performed without such distractions as a carpet that is sucked into the stage and a realistic airplane wing materializing.

A Perfect Ganesh, by Terrence McNally, Arena Stage in the Kreeger, through October 30. Box Office, 202-488-3300.

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Saturday hours have been started at *ONE HOUR MOTO PHOTO* next to the Holiday Inn on C St. S.W. between 4th and 6th St. SW.

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Head to Toe Expands

Head To Toe Unisex Salon, located at 1412 4th Street, S.W., Washington, D.C., is a full service beauty salon that provides hair care; nail treatments that includes manicures, acrylic tips, and pedicures; facials; and hair braiding. It is expanding its services to accomodate the men and women of the district. This fall, Head To Toe Unisex Salon, in consultation with Taekwondo Olympic Silver Medalist and Health & Fitness Consultant, Debra Y. Holloway, will open the only full service Unisex Salon in Washington to include aerobics, body shaping and weight training. The owners of Head To Toe, Earl Pope and Angie Walker, say this total image beauty salon is the fulfillment of their dreams as entrepreneurs.

"Women and men in Washington, D.C. need a place willing to serve their needs, and their needs are diverse. We offer a full range of services that give them the opportunity to express the totality of their beauty. Beauty is more than well done hair and a facial every once in a while, it comes from within and has to be rooted in a person's satisfaction with their own unique attractiveness. Head To Toe Unisex Salon offers services that allow a woman to express her beauty in ways that help her to be fully satisfied with who she is, and services to men who want a successful look in business and in play" Pope said.

Teaming up with Debra Holloway, Executive Director for The American Sports Academy Inc. and owner/manager of Nutrition Plus!, a nutrition and fitness center in Camp Springs, Maryland is a perfect match. Ms. Holloway, a fitness trainer/advisor and nutritionist with twenty years experience in providing quality instruction and programming support in the development of state-of-the-art fitness/martial arts facilities, as well as health and nutrition programs holds a 5th Degree Black Belt and is a Master Instructor in Taekwondo, has competed in the Taekwondo World Championships, the Pan American Games and has coached the U.S. Olympic Festival team, and the World Cup National Team. "I like the workout Ms. Hollo-

Waterfront Restaurant Changes Name

On Friday, October 7 - the Phillips Flagship Restaurant will change its name to *the Waterman's Harvest buffet*. The new restaurant will feature the Chesapeake Bay's finest products in a creative, colorful presentation.

Phillips has rebuilt the main buffet with an expanded food selection. It features a steam station with large pots displaying fresh steamed seafood - all in season. The open steam station allows guests to watch their food being prepared before their eyes. They will also feature freshly baked seafood, crisp salads hand tossed for each customer and delicious steaks and turkeys.

The new "Classical Kitchen" is another attraction at Phillips Flagship. Hanging copper pots, terra cotta tile and mahogany wood adorn the new buffet. Dried spices, fruit and aromatic flowers add to the ambiance.

"The idea for the Waterman's Harvest buffet came from the customer demand for more food items with variety," said Mark Sneed, Director of Operations. Mr. Sneed also states, "Customers will not find the same food on the buffet from week to the next. Also, we know that going with a buffet style restaurant - without an a la carte menu is risky - but with our food selection, we are sure customers will like what they see." For more information call 488-8515.

way provides at her gym because it's includes a routine that never gets stale. She focuses on all integral parts of weight and aerobic training, including nutrition and proper stretching. The music she provides for her workouts makes me want to move, and the steps and weight training routine is challenging enough to make me feel like I've accomplished something once my routine is over. But there's never any condemnation, just a lot of encouragement for you to succeed," one client said.

Earl Pope, co-owner of Head To Toe Unisex Salon, consulted with Debra Holloway, to develop this new aspect of his business. Earl Pope, who holds degrees in Public and Business Administration and has 8 years of management experience with the Marriott Corporations, Roy Rogers Division brought Ms. Holloway on the team to help design a studio that will provide ample space for a full workout in his facility. She has designed an environment to accomodate aerobic and step aerobic classes, free weight work outs for body shaping and martial arts classes. The space will be lavish with full wall mirrors, shock absorbing flooring and a controlled climate. "We want people to be completely comfortable in our facility, knowing that we can serve all their **head to toe** body needs. We plan in the future to offer chiropractic, massage and nautilus equipment services so that Head To Toe customers won't have to look any further for their total body needs." Head To Toe Unisex Salon is closed on Mondays. They have available discounts for senior citizens.

Getting Old? Naw

My eyes are becoming weaker
Loosing some of their light
My hair is changing colors
Turning completely gray and white
Could it be ___ Naw.

I have some inches around my middle
That were never there before
The bouncy spring in my movements
Is just not there anymore
Could it be that I'm ___ Naw.

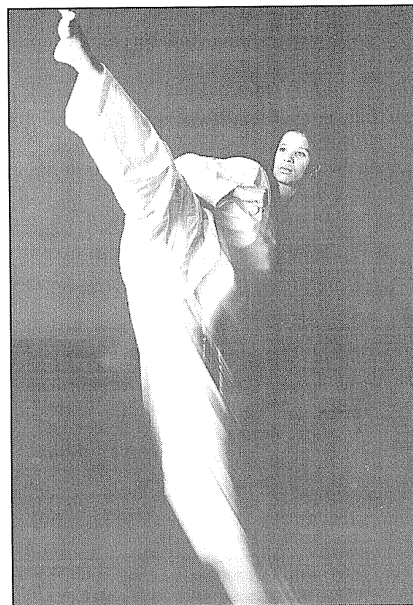
Parts of my own anatomy
I'm being introduced to by pain
Whenever I forget and over do
Or whenever it is about to rain
Could it be that I'm getting ___ Naw.

Loving or being in love
Are emotions for me long past
Oh, I get an urge now and then
But never anything to last
Could it be that I'm getting old?

There, I can finally say it out
Now, I will put the notion to rest
Fully realizing that growing older
Beats what ever is second best.

Could it be that I'm getting older?
Yes, Thank God.

copr., Margaret H. Oliver, 1994



Good Food, Good Fun at Chili Run

by Regina Rorie

Over 300 people turned out September 10 for the 19th annual Chili Run held at Fort McNair. Susan Davis of Susan Davis International started the chili-tasting competition 19 years ago in her backyard to benefit the Children's Hospital Foundation.

It's been held on the grounds of Fort McNair for the last six years. "They've been wonderful" said Davis of the fort's staff. "A tremendous help with promotions and everything."

The \$25.00 admissions fee covered it all. Chili, beer and soft drinks. Thirty-four metropolitan area restaurants set up stands and offered mild to spicy hot chili to an overwhelmingly appreciative public. One enthusiastic eater who declined to be identified, said "this is some of the best chili I've ever tasted this side of Texas." He added, "my wife might kill me."

The official judges of the competition were the Chili Appreciation Society Internationally. Calvert Grille of Alexandria, VA has won the Annual Chili Bull People's Choice Award 4 times over the past 6 years. This year's winner will compete in a national CASI competition in Texas.

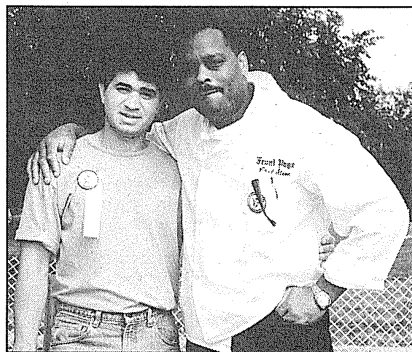
"All proceeds benefit the Children's Hospital Foundation and so far we've raised about a quarter of a million dollars for them," said Davis. Gary Deverman, president of the foundation called Davis' estimate conservative. "It's been much more than that." According to Deverman the funds were used to immunize over 800 children last year. The funds are also used to pay kids who can't afford medical care and to pay for advocacy outreach research projects.

Coors was a major sponsor of the event. Other corporate sponsors included Corporate Response, WMZQ radio station and WJLA-TV. WJLA's affable meteorologist Dennis Ketterer who was one of the volunteers, was so impressed with the event that he's already volunteered to be the promoting chairperson next year. As a father of six children he appreciated

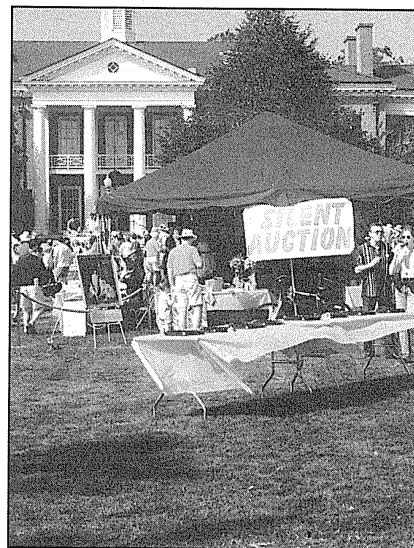
the cause. According to Ketterer, they've raised \$28,000 dollars this year. That's 6,000 more than they did last year.

A silent auction and a Margarite Contest were also held to benefit the foundation. Music was provided by WMZQ and the Grandsons of the Pioneers Band.

Southwest resident Michael Mayhew summed it all up. "The food is great. The cause is right. I'm looking forward to next year."



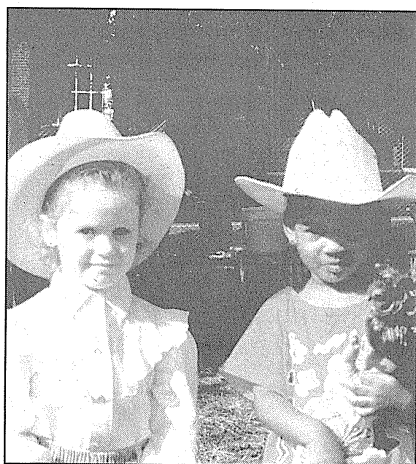
Wilfredo and Stevie B from Front Page Restaurant in downtown DC



A silent auction was held to benefit the Children's Hospital Foundation



WJLA-TV's weatherman Dennis Ketterer and promoter Susan Davis flanked by three hogs.



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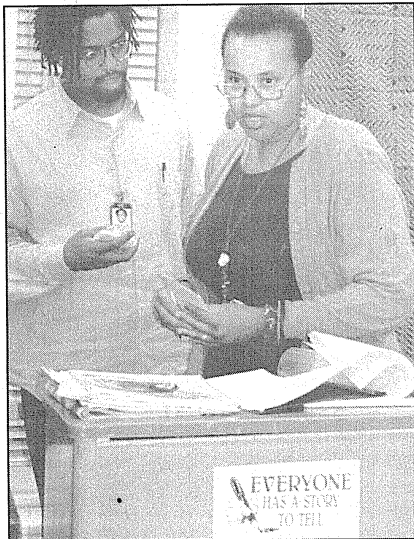
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EVERYONE HAS A STORY TO TELL - The September program by the Jr. Friends of the Library featured Louise Gray, playwright and poet, who works at MLK Main Library

JUNIOR FRIENDS AT SOUTHWEST LIBRARY

African and African American music and heritage will continue to be the focus of a series of programs for youth at the S.W. Branch Library. The schedule is:

Wed. Oct. 5 7 pm - Taratibu Pan African Drill Team

Fri. Oct. 14 7 pm - Preserving the Oral Tradition in Families

Sat. Nov. 19 2 pm - Djimo - a demonstration of traditional African musical instruments

Sat. Dec. 17 2 pm - Kwanzaa Celebration

Financing for the guest performers has been given by the Southwest Youth Task Force.

Southwest Branch Library Wesley Pl. & K St.s SW

Winter hours are here. The new hours are: Mon. & Wed. 9:30-9:00, Tu/Th/F 9:30 - 5:30 and Sat. 9:30-5:30

Below are some new programs.

Preschool Film Hour

10 & 11 am Tuesday

Preschool Storyhour

10 & 11 am Wednesday

Preschool Story & Film

10 & 11 am Thursday

Ages 3-5

Afternoon Films

3:30 pm Thursday

School ages

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